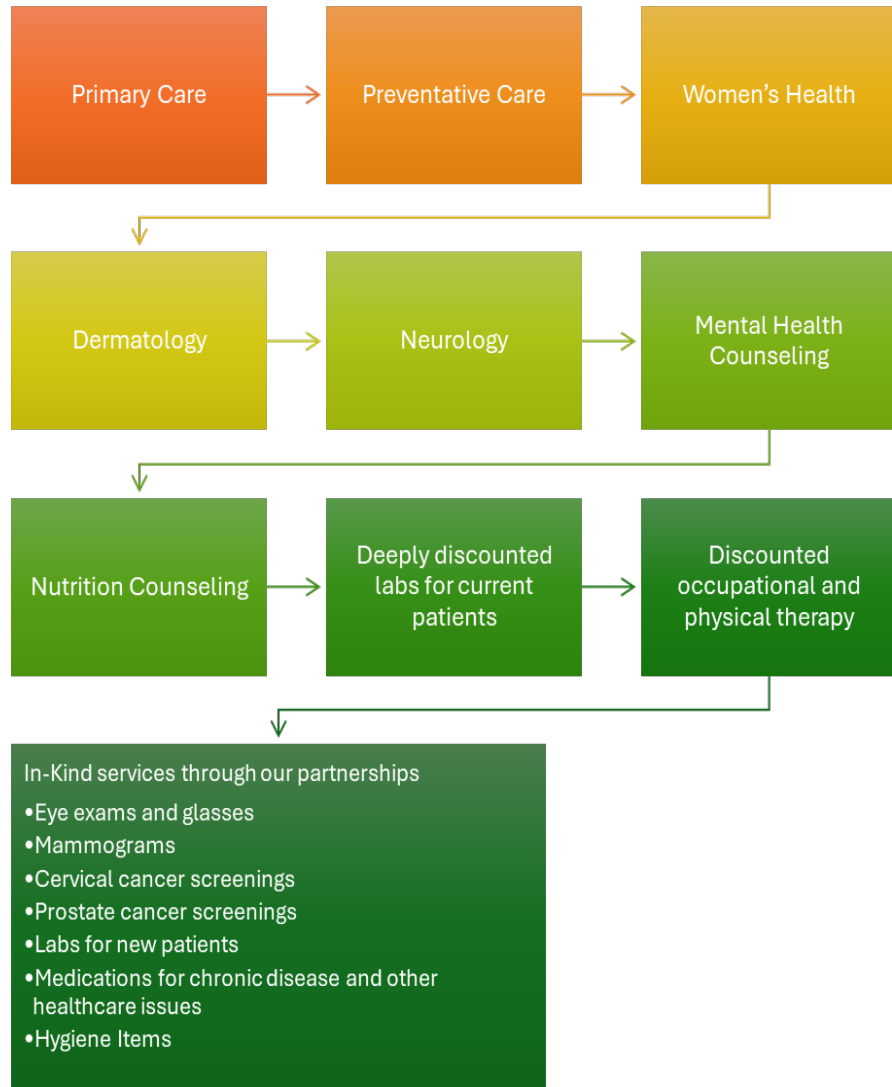




Mission: To provide affordable, quality, patient-centric healthcare focused on maintaining wellness and preventing disease to the uninsured or underinsured.



Achievements in Health Outcomes for WHC Patients

- 84% of high blood pressure **patients are controlled** compared to 54% of all hypertensive patients in the US (CDC)
- 60% of patients with **depression are in remission** compared to 6% treated by commercial physicians/clinics in US (UTSW)
- 15% of pre-diabetic patients **moved to normal blood sugar levels** in 12-month period
- **94% of every dollar goes directly to health care.**



EMPOWER Health

This program is meticulously crafted to provide personalized disease prevention strategies tailored to each patient, prioritizing health equity and recognizing the unique needs of individuals from various backgrounds.

Embracing a comprehensive approach, the program encompasses a wide range of services and interventions designed to empower individuals to take control of their health and well-being.

- Thorough assessments addressing depression and lifestyle risk factors, acknowledging the impact of social determinants on health outcomes.
- Providing education on disease prevention methods and self-monitoring techniques that consider diverse cultural backgrounds.
- Access to vaccines, medications, screenings for chronic diseases, and necessary medical supplies, with a commitment to overcoming potential disparities in resource distribution.
- Supplying tools such as diabetic meters, strips, or home blood pressure machines, ensuring that individuals have the means to actively engage in their own health monitoring.
- Access to a Registered Dietitian for approximately one to four 30-minute sessions, tailoring nutrition recommendations to individual cultural preferences for successful implementation.
- Availability of a Behavioral Specialist addressing stress management, sleep hygiene, depression, anxiety, tobacco cessation, and goal setting, with a focus on understanding and respecting diverse perspectives.
- Physician-Prescribed Physical Activity Recommendations: recommendations for physical activity, acknowledging individual preferences and cultural considerations.

Uninsured
Rate: 18.5%
per Data
USA

105 Unique
Patients
Value of Service:
\$83,265

