



# The Steven A. Cohen Military Family Clinic at Metrocare

Town of Addison: City Council Meeting  
July 23, 2024



# WHO ARE WE?



Cohen Veterans  
Network

metrocare.

## Cohen Veterans Network + Metrocare = **The Steven A. Cohen Military Family Clinic at Metrocare**

Established in 2016, Cohen Veterans Network (CVN) is a national nonprofit network of mental health clinics serving post-9/11 veterans, service members and military families through outpatient care. CVN partnered locally with Metrocare, the largest provider of mental health services in North Texas, serving over 50,000 adults and children annually.

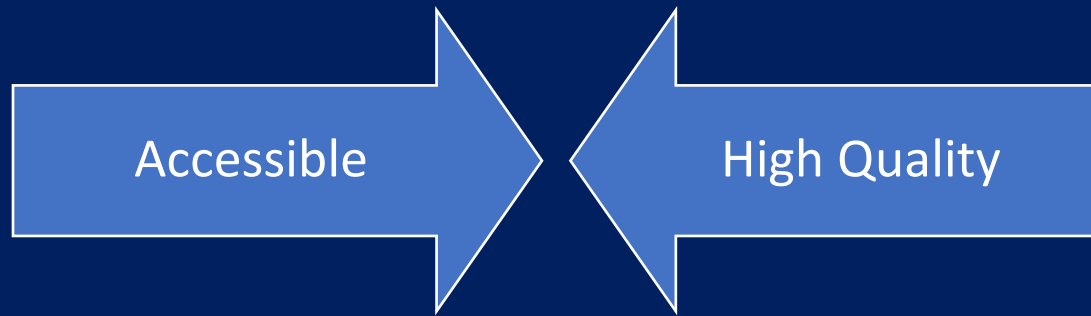
Together, CVN and Metrocare have served more than **5,000 veterans and family members** in the North Texas area since opening the clinic.

# OUR CLINIC TEAM

Our Cohen Clinic is operated by a team of highly qualified individuals, many of whom are veterans or military family members themselves.



# MISSION



The Steven A. Cohen Military Family Clinic at Metrocare's mission is to improve the quality of life for post-9/11 veterans and their families by providing high-quality mental health care that is accessible to all. Trained clinicians deliver **holistic evidence-based care** to treat mental health conditions, while destigmatizing mental health treatment.

# WHO WE SERVE

Veterans

National  
Guard and  
Reserves

Includes  
Other Than  
Honorable  
Discharge

Service Members

With a  
TRICARE  
Referral

Family Members

All Family  
Members  
including  
Spouses

Partners,  
Children,  
Caretakers  
and Others

# SERVING THE ENTIRE MILITARY FAMILY

- Individual, couples, and family therapy
- Children's therapist and play therapy room
- Groups and workshops
- Short-term medication management for those engaged in therapy
- Ongoing support for employment, housing, finances, and education; integrated case management to coincide with therapy
- Community Room events for adults, couples, families and children



# WHAT OUR CLIENTS SAY ABOUT US

*“The CBT (Cognitive Behavioral Therapy) is working well for me. I'm doing zoom counseling and that is really nice...able to save \$\$ on gas.”*

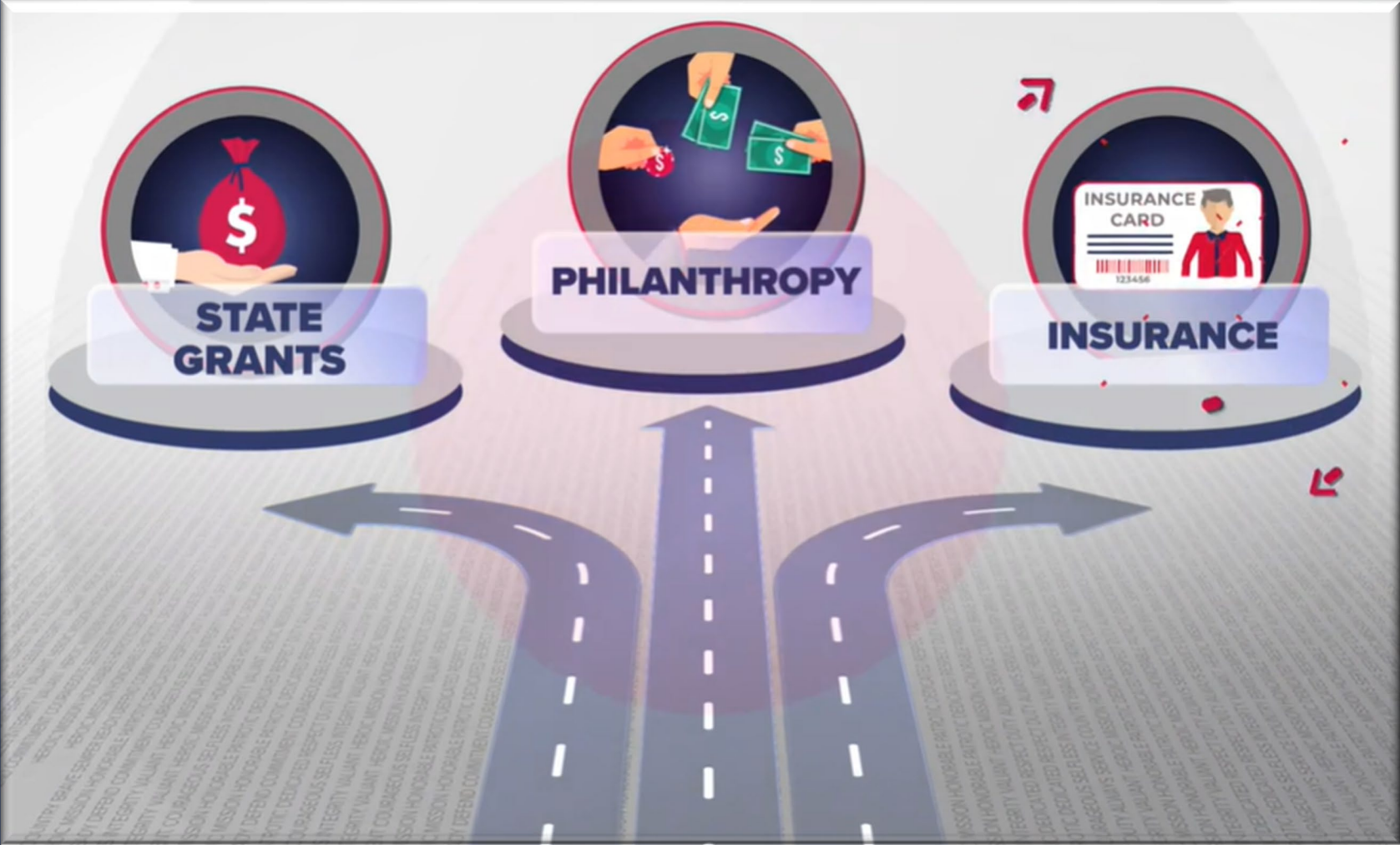
*“The staff is always nice. I definitely feel safe and heard. I feel like I'm getting productive help and getting what I'm asking for.”*

*“I was treated with respect and compassion. Thank you for serving those who served.”*

*“Black therapist was a huge plus. I felt like I wasn't alone.”*

*“I like that the Cohen Clinic encourages my child to feel like they have a safe place outside of mommy to talk and process a lot of emotions.”*

# SUSTAINABILITY





# Supporting Addison's Veterans and Families

- 12% of Addison's population are either veterans or family members of veterans
- Between June 2023 and May 2024, 15 residents of Addison were served by the Cohen Clinic.



# Funding Request for Treatment Episodes

- A treatment episode explained
  - All services provided from the initial assessment with a clinician through discharge.
  - On average, 12 therapy sessions.
- Request: 5 treatment episodes (approx. 60 therapy sessions, plus case management and/or medication management)
  - Cost of \$17,000
  - Veterans and their family members who are residents of Addison
- Assist those without insurance and those whose insurance does not cover the full cost of their care.



# Impact of Addison's Support

- The Town of Addison's support will directly impact the well-being of the Addison veteran community by:
  - Removing barriers to quality mental health care.
  - Ensuring they receive the critical mental health services they deserve when they need it.
  - Helping them navigate the challenges of post-military life with resilience and hope



# CONTACT US

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