



The Steven A. Cohen Military Family Clinic at Metrocare

Town of Addison: City Council Meeting
June 27, 2023



WHO ARE WE?



Cohen Veterans
Network

metrocare.

Cohen Veterans Network + Metrocare = The Steven A. Cohen Military Family Clinic at Metrocare

Established in 2016, Cohen Veterans Network (CVN) is a national nonprofit network of mental health clinics serving post-9/11 veterans, service members and military families through outpatient care. CVN partnered locally with Metrocare, the largest provider of mental health services in North Texas, serving over 55,000 adults and children annually.

Together, CVN and Metrocare have served more than **4,810 veterans and family members** in the North Texas area since opening the clinic.

OUR CLINIC TEAM

Our Cohen Clinic is operated by a team of highly qualified individuals, many of whom are veterans or military family members themselves.



OUR CLINIC'S MISSION



ACCESSIBLE



HIGH
QUALITY

The Steven A. Cohen Military Family Clinic at Metrocare's mission is to improve the quality of life for post-9/11 veterans, service members and military families by providing high-quality mental health care that is accessible to all. Trained clinicians deliver **holistic evidence-based care** to treat mental health conditions, while destigmatizing mental health treatment.

WHO WE SERVE

Veterans

National
Guard and
Reserves

Includes
Other Than
Honorable
Discharge

Service Members

With a
TRICARE
Referral

Family Members

All Family
Members
including
Spouses

Partners,
Children,
Caretakers
and Others

SERVING THE ENTIRE MILITARY FAMILY

- Individual, couples, and family therapy
- Children's therapist and play therapy room
- Groups and workshops
- Short-term medication management for those engaged in therapy
- Ongoing support for employment, housing, finances, and education; integrated case management to coincide with therapy
- Community Room events for adults, couples, families and children



HIGH QUALITY CARE

- Clinical screenings & assessments
- Evidence-based therapies
- Military cultural competence
- Network referrals for community resources, continued support
- Ongoing clinical training for providers
- Community engagement and outreach



WHAT OUR CLIENTS SAY ABOUT US

“The CBT (Cognitive Behavioral Therapy) is working well for me. I'm doing zoom counseling and that is really nice...able to save \$\$ on gas.”

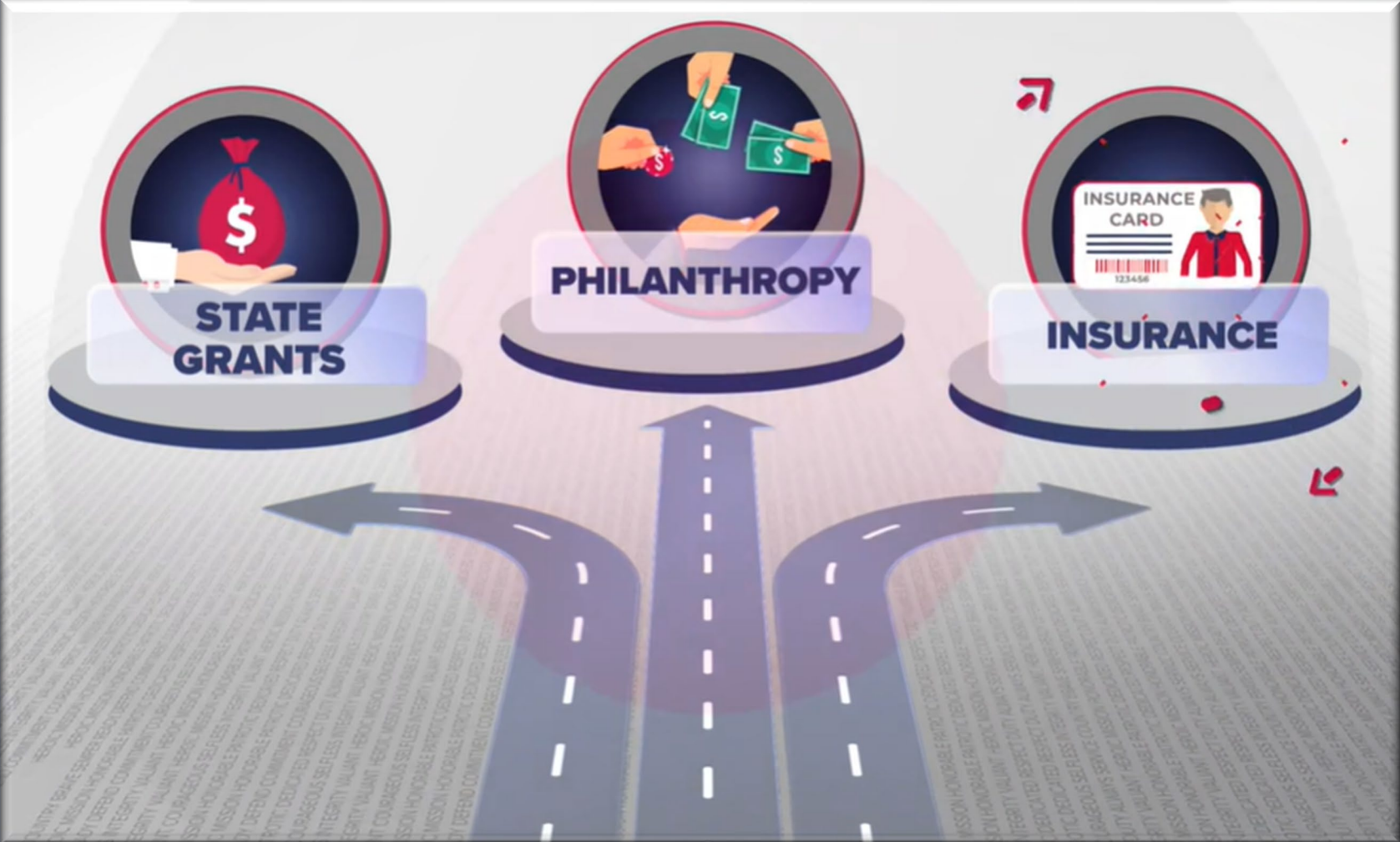
“The staff is always nice. I definitely feel safe and heard. I feel like I'm getting productive help and getting what I'm asking for.”

“I was treated with respect and compassion. Thank you for serving those who served.”

“Black therapist was a huge plus. I felt like I wasn't alone.”

“I like that the Cohen Clinic encourages my child to feel like they have a safe place outside of mommy to talk and process a lot of emotions.”

SUSTAINABILITY



MENTAL HEALTH TRAINING FOR THE COMMUNITY



MONTH OF THE MILITARY CHILD - *Annual Children's Gala*



MONTH OF THE MILITARY CHILD - *Annual Children's Gala*



CONTACT US

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