



# The Steven A. Cohen Military Family Clinic at Metrocare





# METROCARE SERVICES



**Metrocare**

*Behavioral Healthcare  
for Children & Adults*

Since its founding 55 years ago, Metrocare has been on the front lines in the fight to bring accessible, high-quality mental health and developmental disability services to Dallas County's most vulnerable populations. We are the **largest provider of mental health services in Dallas County**, serving more than 54,000 adults and children annually. The need for mental health services has increased dramatically. **Each day, Metrocare provides services to more than 2,700 individuals.**

Throughout Metrocare's 13 locations and our broad array of community-based services, we provide primary and preventative care, mental health services, accessible pharmacies, housing, veteran services, day habilitation programs, re-entry support, crisis intervention, early childhood intervention and more. Metrocare's housing program, one of the largest in North Texas, focuses on permanent supportive housing for those facing behavioral health challenges. Alongside the clinical care, researchers and teachers from Metrocare's Altshuler Center for Education & Research **train more than 200 health care professionals each year**, advancing mental health beyond Dallas County, while providing critical workforce to the state.





# COHEN VETERANS NETWORK

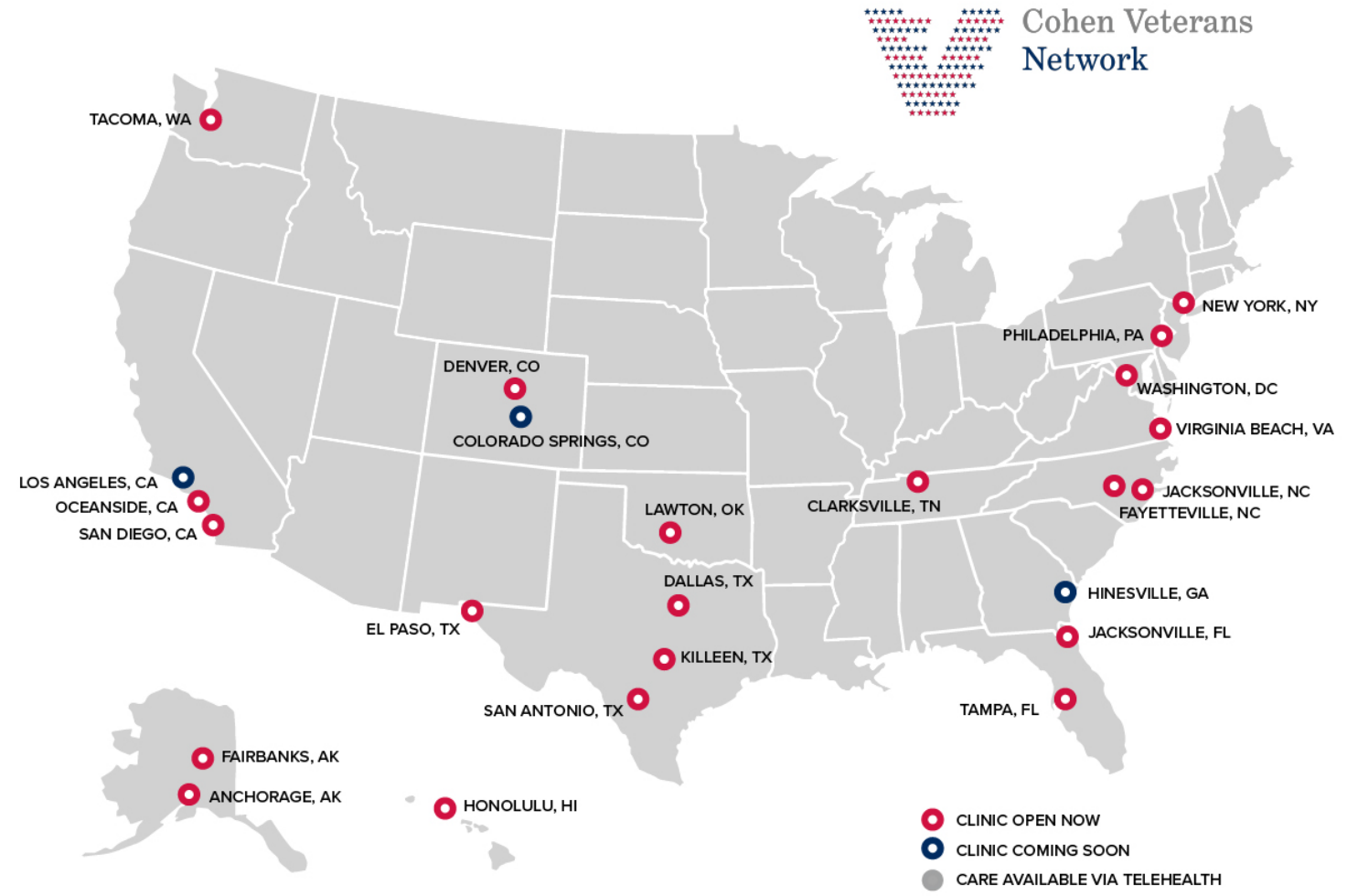


Founded by philanthropist Steven A. Cohen in 2015, Cohen Veterans Network was created to serve post-9/11 veterans (including those in the National Guard and Reserves) and military families through outpatient care at **Steven A. Cohen Military Family Clinics** throughout the country by focusing on improving mental health outcomes, especially those associated with post-traumatic stress.

The 501(c)(3) nonprofit foundation originated out of a need to support the veteran community as they begin their next mission:

*healthy and happy lives.*

# THE NETWORK IS GROWING



# PARTNERSHIP



The Steven A. Cohen  
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at Metrocare

After a comprehensive search by Cohen Veterans Network, Metrocare Services was selected to manage a North Texas-based Steven A. Cohen Military Family Clinic. The clinic is located in Addison, TX and, since 2016, has provided mental health services for post-9/11 veterans and their families. This clinic complements care provided by the VA and provides support for:

1. Veterans who do not receive mental health care in the VA system
2. Veterans who are ineligible for care in the VA system (e.g., due to discharge status and/or conditions that are not service-connected)
3. Families of veterans & service members, including parents, siblings, spouses, partners, children, and others as defined by the veteran/service member
4. Active-duty service members







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## Mental Health Care for Post-9/11 Veterans



### Problem

- Post-9/11 veterans are faced with long wait times to receive mental health care, due to high demand at VA.
- Post-9/11 veterans are faced with barriers to care if they were dishonorably discharged.
- There is a lack of help for military families, like spouses, caregivers and children.



### Solution

- If you are in crisis, the Cohen Clinic at Metrocare will see you the same day.
- The Cohen Clinic at Metrocare serves all post-9/11 veterans, regardless of role or discharge status.
- The Cohen Clinic at Metrocare serves the entire family, including parents, siblings, spouses or partners, children and caregivers.

**\*Individual therapy now available for active-duty service members with a TRICARE referral.**

North  
Texas



# CLINIC OUTCOMES



The Steven A. Cohen  
Military Family Clinic  
at Metrocare

- In our 6<sup>th</sup> year, we served **942 unique individuals**, growing each year. Since inception, we have served over **3,040** active-duty service members, veterans and their families.
- We returned to in-person services but continue to offer virtual options for clinical sessions (therapy, medication, and case management) and community engagement (e.g., Mental Health First Aid and other workshops).
- As of June 2022, we have provided MHFA to 28 people with Town of Addison grant funding. Our next MHFA training will be in September.

# SUPPORTING THE COMMUNITY



The Cohen Clinic at Metrocare opened its Community Room in November 2021. Since then, the multipurpose space has been used for a variety of community events.

- Mental Health First Aid Training
  - Suicide Intervention Training
- Stress solutions, kids' communication classes
  - Acting classes and theater auditions
    - Staff retreats
- Company training
- Peer groups meeting place
- Basic needs kit assembly
  - Toy drive
- Canned food drive





# CONTACT US

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 [Cohen Veterans Network](https://www.youtube.com/CohenVeteransNetwork)

