



# advanced exercise

advancedexercise.com | 861 SouthPark Drive #100, Littleton, CO 80120 | 800.520.1112

### CONSULTANT

Michelle Kesterson  
mkesterson@advancedexercise.com  
Phone:  
Fax:

Date: October 26, 2021  
Quote Expires: 45 day(s)  
**Proposal # 054964-R4**

#### BILL TO




**City of Addison**  
3300 Beltway Drive  
Addison, TX 75001  
Justin Pollard  
972-450-7048  
jpollard@addisontx.gov

#### SHIP TO

**City of Addison**  
3300 Beltway Drive  
Addison, TX 75001  
Justin Pollard  
972-450-7048  
jpollard@addisontx.gov







## STRENGTH EQUIPMENT

Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
MTSTE	Hammer Strength	<b>MTS Triceps Extension</b> 	<ul style="list-style-type: none"> <li>• Dual Weight Stack</li> <li>• Elevated Arm Pads for Isolation</li> <li>• Iso Lateral Motion</li> <li>• Thermo Rubber Hand Grip with Aluminum Collars</li> <li>• Roller Seat Adjustment</li> <li>• Full Front &amp; Rear Shrouds</li> <li>• Heavy Duty Kevlar Drive Belt</li> <li>• (2)150 lb. Weight Stacks</li> <li>• 36"L x 52"W x 60"H</li> <li>• Unit Weight 780 lbs.</li> <li>• Made in the USA</li> </ul>	4,999.70	1	\$4,999.70
MTSSP	Hammer Strength	<b>MTS Shoulder Press</b> 	<ul style="list-style-type: none"> <li>• Dual Weight Stack</li> <li>• Overhead Iso Lateral Motion</li> <li>• Pivoting Grips for Easy Entry</li> <li>• Thermo Rubber Hand Grip with Aluminum Collars</li> <li>• Counterbalanced Press Arms</li> <li>• Roller Seat Adjustment</li> <li>• Full Front &amp; Rear Shrouds</li> <li>• Heavy Duty Kevlar Drive Belt</li> <li>• (2)150 lb. Weight Stacks</li> <li>• 45"L x 62"W x 54"H</li> <li>• Unit Weight 746 lbs.</li> <li>• Made in the USA</li> </ul>	4,999.70	1	\$4,999.70
MTSRW	Hammer Strength	<b>MTS Row</b> 	<ul style="list-style-type: none"> <li>• Dual Weight Stack</li> <li>• Iso Lateral Motion</li> <li>• Underhand Grip Position for Neutral Wrist</li> <li>• Thermo Rubber Hand Grip with Aluminum Collars</li> <li>• Roller Seat Adjustment</li> <li>• Adjustable Chest Pad</li> <li>• Full Front &amp; Rear Shrouds</li> <li>• Heavy Duty Kevlar Drive Belt</li> <li>• (2)150 lb. Weight Stacks</li> <li>• 51"L x 62"W x 82"H</li> <li>• Unit Weight 765 lbs.</li> <li>• Made in the USA</li> </ul>	4,999.70	1	\$4,999.70







**advanced exercise**

Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
MTSLE	Hammer Strength	<b>MTS Leg Extension</b> 	<ul style="list-style-type: none"> <li>• Dual Weight Stack</li> <li>• Diverging Iso Lateral Motion</li> <li>• Thermo Rubber Hand Grip with Aluminum Collars</li> <li>• Roller Seat Adjustment</li> <li>• Start Range Limiters</li> <li>• Full Front &amp; Rear Shrouds</li> <li>• Heavy Duty Kevlar Drive Belt</li> <li>• (2)150 lb. Weight Stacks</li> <li>• 48"L x 57"W x 55"H</li> <li>• Unit Weight 750 lbs.</li> <li>• Made in the USA</li> </ul>	4,999.70	1	\$4,999.70
MTSKC	Hammer Strength	<b>MTS Kneeling Leg Curl</b> 	<ul style="list-style-type: none"> <li>• Dual Weight Stack</li> <li>• Iso Lateral Motion</li> <li>• Thermo Rubber Hand Grip with Aluminum Collars</li> <li>• Sliding Kneeling Pad</li> <li>• Full Front &amp; Rear Shrouds</li> <li>• Heavy Duty Kevlar Drive Belt</li> <li>• (2)150 lb. Weight Stacks</li> <li>• 52"L x 56"W x 54"H</li> <li>• Unit Weight 730 lbs.</li> <li>• Made in the USA</li> </ul>	4,999.70	1	\$4,999.70
MTSIP	Hammer Strength	<b>MTS Incline Press</b> 	<ul style="list-style-type: none"> <li>• Dual Weight Stack</li> <li>• Overhead Iso Lateral Motion</li> <li>• Thermo Rubber Hand Grip with Aluminum Collars</li> <li>• Roller Seat Adjustment</li> <li>• Full Front &amp; Rear Shrouds</li> <li>• Heavy Duty Kevlar Drive Belt</li> <li>• (2)150 lb. Weight Stacks</li> <li>• 40"L x 68"W x 77"H</li> <li>• Unit Weight 765 lbs.</li> <li>• Made in the USA</li> </ul>	4,999.70	1	\$4,999.70
MTSHR	Hammer Strength	<b>MTS High Row</b> 	<ul style="list-style-type: none"> <li>• Dual Weight Stack</li> <li>• Iso Lateral Motion</li> <li>• Thermo Rubber Hand Grip with Aluminum Collars</li> <li>• Roller Seat Adjustment</li> <li>• Full Front &amp; Rear Shrouds</li> <li>• Heavy Duty Kevlar Drive Belt</li> <li>• (2)150 lb. Weight Stacks</li> <li>• 47"L x 72"W x 77"H</li> <li>• Unit Weight 780 lbs.</li> <li>• Made in the USA</li> </ul>	4,999.70	1	\$4,999.70



**advanced exercise**

Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
MTSFP	Hammer Strength	<b>MTS Front Pulldown</b> 	<ul style="list-style-type: none"> <li>• Dual Weight Stack</li> <li>• Iso Lateral Motion</li> <li>• Underhand Grip for Neutral Wrist Position</li> <li>• Thermo Rubber Hand Grip with Aluminum Collars</li> <li>• Roller Seat Adjustment</li> <li>• Full Front &amp; Rear Shrouds</li> <li>• Heavy Duty Kevlar Drive Belt</li> <li>• (2)150 lb. Weight Stacks</li> <li>• 48"L x 58"W x 80"H</li> <li>• Unit Weight 780 lbs.</li> <li>• Made in the USA</li> </ul>	4,999.70	1	\$4,999.70
MTSDP	Hammer Strength	<b>MTS Decline Press</b> 	<ul style="list-style-type: none"> <li>• Dual Weight Stack</li> <li>• Overhead Iso Lateral Motion</li> <li>• Thermo Rubber Hand Grip with Aluminum Collars</li> <li>• Roller Seat Adjustment</li> <li>• Full Front &amp; Rear Shrouds</li> <li>• Heavy Duty Kevlar Drive Belt</li> <li>• (2)150 lb. Weight Stacks</li> <li>• 39"L x 64"W x 66"H</li> <li>• Unit Weight 755 lbs.</li> <li>• Made in the USA</li> </ul>	4,999.70	1	\$4,999.70
MTSBC	Hammer Strength	<b>MTS Biceps Curl</b> 	<ul style="list-style-type: none"> <li>• Dual Weight Stack</li> <li>• Elevated Arm Pads for Isolation</li> <li>• Iso Lateral Motion</li> <li>• Thermo Rubber Hand Grip with Aluminum Collars</li> <li>• Roller Seat Adjustment</li> <li>• Full Front &amp; Rear Shrouds</li> <li>• Heavy Duty Kevlar Drive Belt</li> <li>• (2)150 lb. Weight Stacks</li> <li>• 38"L x 58"W x 59"H</li> <li>• Unit Weight 780 lbs.</li> <li>• Made in the USA</li> </ul>	4,999.70	1	\$4,999.70
MTSAB	Hammer Strength	<b>MTS Abdominal Crunch</b> 	<ul style="list-style-type: none"> <li>• Unique Clam Style Crunch Upper &amp; Lower Body Movement</li> <li>• Overhead Hand Grips</li> <li>• Thermo Rubber Hand Grip with Aluminum Collars</li> <li>• Roller Seat Adjustment</li> <li>• Full Front &amp; Rear Shrouds</li> <li>• Heavy Duty Kevlar Drive Belt</li> <li>• 150 lb. Weight Stack</li> <li>• 44"L x 39"W x 56"H</li> <li>• Unit Weight 530 lbs.</li> <li>• Made in the USA</li> </ul>	4,801.65	1	\$4,801.65



# advanced exercise

Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
TCSL-LF	Life Fitness	<b>Circuit Series SC Squat</b>	<ul style="list-style-type: none"> <li>• 11 gauge steel frame with powder coat finish</li> <li>• Contoured cushions with molded foam (do not use on TCSL, TCWHL, TCPST or TCPLRD)</li> <li>• Lifeband Resistance™ System</li> <li>• Full front and back shrouds</li> <li>• Instructional placards on each machine</li> <li>• Consistent resistance levels across machines</li> <li>• Push-button controls</li> <li>• No set-up adjustments or seat adjustments</li> <li>• Machine Weight: 251lb.</li> <li>• Dimensions: 53"L x 42"W x 45"H</li> </ul>	2,517.60	1	\$2,517.60



TRADE-IN EQUIPMENT						
Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext

TRADE-IN	Advanced Exercise	<b>Trade-In</b>		4,200.00	-1	\$-4,200.00
----------	-------------------	-----------------	--	----------	----	-------------

Comments:  
LFI Install

Subtotal: **\$53,116.25**

Buy Board #583-19

Freight, Delivery and Install: **7,183.00**

**Total:** **Taxes As Applicable \$60,299.25**



# advanced exercise

## Terms & Conditions

**Terms:** All new customers are required to pay 50% down and balance due prior to install. Residential customers, personal trainers, and orders for resale, require 100% payment before the order can be placed. All other terms and credit lines are subject to credit approval. Invoice will be due and payable, based on the original requested installation date, unless Advanced Exercise is notified in writing 60 days prior to the requested installation date with a change of the installation date. We accept checks, money orders, ACH and credit cards (under \$2000). A late payment fee will be assessed at a rate of 1.5% (18% annual) per month on any unpaid balance remaining 30 days after the due date. Special Orders: A 100% prepayment is required for all customized products including but not limited to custom colors, sports flooring and products with logos such as plates, dumbbells and platforms.

**Return Policy:** Any returns require approval in writing by Advanced Exercise Project Management. A minimum 25% restocking fee, plus freight, will be incurred for all non-custom products returned. Customized products are nonreturnable. All products with color choices are defined as custom products.

**Bolt Down Requirements:** Life Fitness recommends that all strength training equipment be secured to the floor in order to prevent tipping, rocking or displacement which might occur in the event of unanticipated use of the equipment. Life Fitness requires that certain strength training equipment (specifically the Synrgy 360 90, T, XS, XM, HD Elite Half Rack/Short Base, Athletic Series Rigs, Athletic Series Racks with Wing option, Cybex PWR Play, Synrgy Outdoor BlueSky and other products to be used for body weight strap training) be secured to the floor. In the case of Synrgy 360S, T, XS, XM and the Elite HD Half Rack Short Base, the customer acknowledges:

- Customer has determined the proper placement of the equipment to be secured. **Customer Initial** \_\_\_\_\_
- Customer has identified and informed Advanced Exercise of the location of any utility, service lines, including but not limited to post tension cables. It is the customer's responsibility to identify the locations of any cables or lines prior to installation.

- **Customer Initial** \_\_\_\_\_
- Customer has confirmed that the subfloor consists of no less than 4.75 inches of concrete. (Synrgy Outdoor BlueSky requires a minimum 4.5 inches of concrete **Customer Initial** \_\_\_\_\_)
- Customer has obtained any and all consents to the drilling of holes in the flooring and subflooring. **Customer Initial** \_\_\_\_\_

If your order includes any of the equipment requiring bolting to the floor, initials are required above and an additional signed waiver will be required to place the order. Additional products may require bolting to the floor, wall or ceiling. Bolting is not included on these products unless otherwise noted on the quotation. Customer is responsible for bolting these products to meet the manufacturer's requirements. This includes TRX, Core Energy, Boxing mounts and other products that require bolting to the facility structure.

**Wall & Ceiling Attached Items:** The installation of any items such as TRX Multi Mounts., X Mounts, Wall Mat Racks, etc. that require bolting to walls or ceilings are not included in the proposal unless otherwise noted.

**Flooring Installation:** Refer to the product specifications to ensure that the sub floor meets the material installation requirements. Freight offloading, inside delivery, adhesive, moisture tests, moisture reducers, base boards, sub floor prep, sub floor cleaning, transition strips and existing floor removal and disposal are not included unless otherwise noted on the quotation.

**Storage:** We reserve the right to assess storage fees not to exceed 1.5% per month, or fraction thereof and request payment in full on the related customer's invoice, when a customer's original requested delivery date is delayed by circumstances beyond our control.

**Taxes:** We collect sales or use taxes only in jurisdictions where we are licensed to do so. Customer agrees to accept sole liability and responsibility to pay for any and all uncollected sales or use tax liabilities, related penalties and interest that arise as a result of the purchase of products and/or services from our company.

**Security:** Until all products are paid in full, customer hereby grants to, and Advanced Exercise shall retain, a security interest in and lien on all products sold to the customer.

I accept the terms and conditions of this quote.

**Signature:** \_\_\_\_\_

**Name:** JustinPollard

**Date:** \_\_\_\_\_ **Customer Requested Install Date:** \_\_\_\_\_